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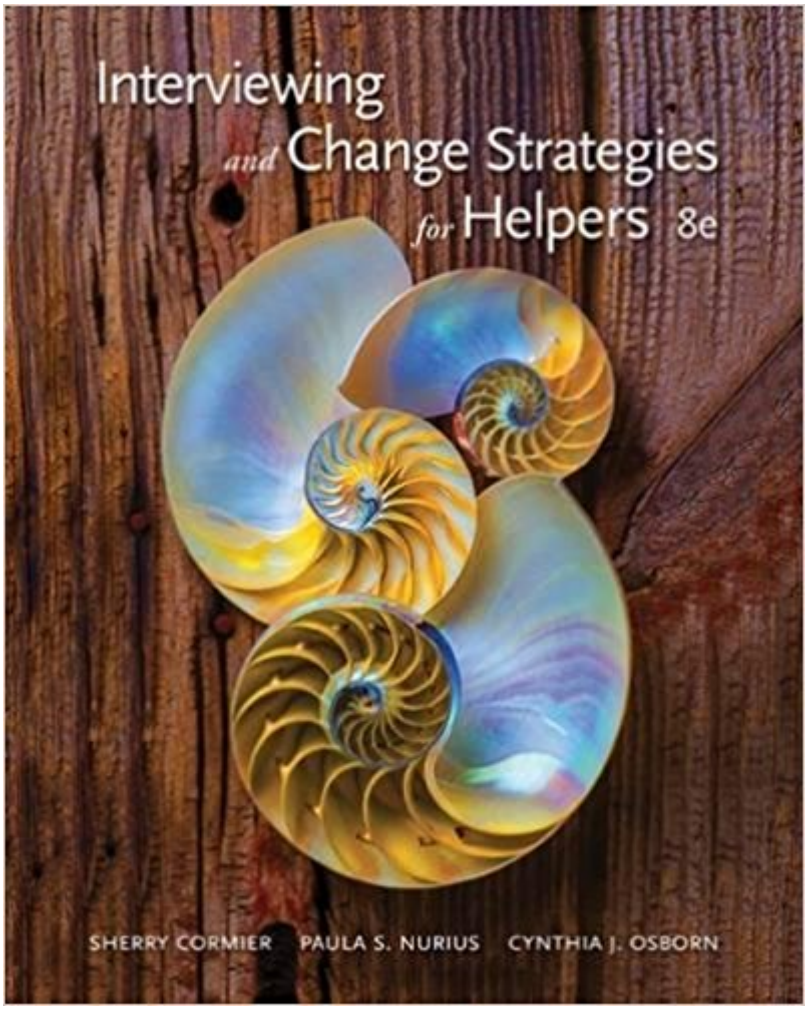
Interviewing And Change Strategies For Helpers



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Synopsis

Fully updated and streamlined to be used more easily within the parameters of several quarters or a semester, INTERVIEWING AND CHANGE STRATEGIES FOR HELPERS, Eighth Edition offers readers an introduction to the knowledge, skills, values, and tools needed by today's professional helpers. The book's conceptual foundation reflects four critical areas for helpers: core skills and attributes, effectiveness and evidence-based practice, diversity issues, and critical commitments and ethical practice, using an interdisciplinary approach that reflects the authors' extensive experience in the fields of counseling, psychology, social work, and health and human services. The text skillfully combines evidence-based interviewing skills and evidence-based intervention change strategies, thus preparing readers to work with clients representing a wide range of ages, cultural backgrounds, and challenges in living.

Book Information

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Customer Reviews

Sherry Cormier is Professor Emerita in the Department of Counseling, Rehabilitation Counseling, and Counseling Psychology at West Virginia University in Morgantown, West Virginia. She is a licensed psychologist in the state of West Virginia. Her current research and practice interests are in counseling and psychology training and supervision models; issues impacting girls and women; health, wellness, and stress management; and grief recovery. She lives at the beach near the Chesapeake Bay and enjoys kayaking, yoga, biking, hiking, reading, and music in her leisure time.Paula S. Nurius is the Grace Beals Ferguson Scholar, Professor, and Associate Dean in the

School of Social Work at the University of Washington in Seattle. Dr. Nurius is a mental health specialist with research, practice, and teaching experience that addresses perception and responding under conditions of stress and trauma. She brings particular concern for vulnerable, marginalized populations and to fostering prevention and resilience-enhancing interventions. Her current scholarship focuses on childhood and cumulative life course stress, including impacts of maltreatment, nonviolent adversity, and poverty on physical, mental, and behavioral health disparities. She enjoys the outdoor life of the Pacific Northwest with her husband, daughter, and schnoodle pooch.Cynthia J. Osborn is Professor of Counselor Education and Supervision at Kent State University in Kent, Ohio. She is a licensed professional clinical counselor and a licensed chemical dependency counselor in Ohio. Her research, clinical practice, and teaching have focused on addictive behaviors and counselor supervision from the perspectives of motivational interviewing and solution-focused therapy. Additional scholarship has addressed case conceptualization and treatment planning skills, and stamina and resilience in behavioral health care. She enjoys reading character novels and practicing yoga, and she and her husband together enjoy exercising and the company of their Bichon Frise dog, Jake.

The product got here quickly and exactly what I need. The only issue was it was claimed to be new, and the book cover is peeling. If I’m buying new I hope that the book does look brand new, not issues.

Very detailed

Has a lot of very good information. Unfortunately it is formatted in a very dull, dry way. It is a textbook, and it doesn’t try to be anything else.

It was a large price for an outdated edition. That’s why I had to return it.

Really good book. Wont resell this one. Great overview and a tonne of detailed info about approaches and strategies. I hightly recommend it for beginning counsellors!

Great textbook about psychotherapy/counseling practices

Good condition. No complaints

Great quality!!!

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